



Earn a \$500 discount on 2026 medical benefits!\*

# 2025 WellSpan Wellness Program

## Dive right in and take charge of your health!

The 2025 WellSpan Wellness Program is designed to enhance the health and well-being of all team members by offering a personalized wellness journey that caters to your individual health needs. The program continues to partner with WellRight, guiding you through essential steps to achieve optimal health.



**Personal Health Assessment:** Kickstart your wellness journey by completing your Personal Health Assessment on WellRight.

Health Maintenance and Prevention: There are two visit types you must complete and document in WellRight.
1. A medical provider visit such as for a general check-up, chronic condition management, mammogram, colorectal cancer screening, pap smear or other age-appropriate screening.
2. Either a dental or vision exam.

3 Holistic Health and Wellbeing: Engage in any two activities listed in WellRight under this section of Wellness that resonate with you. They can include attending a WellSpan Wellbeing conference, participating in health coaching through Coach Connect or tackling one or more of our fun and engaging challenges!

Note: We are promoting challenges this year only at the Holistic Health and Wellbeing levels of our program. However, any WellSpan team member may explore and embark on challenges on your own by exploring options at WellSpanHealth.WellRight.com.

\*Wellness Incentive: Complete all steps by <u>Sept. 30, 2025</u> to be eligible for a discount on your 2026 WellSpan medical benefits premiums of \$19.23 per pay period - adding up to \$500 annually!

## Get started, stay motivated and let's make 2025 your healthiest year yet!



### Already registered? Get started today!

Start your personal wellness journey and fun activities at <u>WellSpanHealth.WellRight.com</u>.

### Questions?

Contact WellRight for support	a
support@wellright.com.	

Team members who registered in 2024 with their WellSpan email should sign in with last year's user name and password.

#### Activate your account if you have not already:

- Go to <u>WellSpanHealth.WellRight.com</u>.
- Select "I am the employee" and click Continue.
- Enter your WellSpan email address and your employee ID.\*\*
- A verification email will be sent to the email address you enter.
- Click the link in your email to verify your account.
- Review your information in the link and press Continue.
- Create a secure password, agree to the terms and conditions, and register.
- \*\*Employee ID is your Person Number in Oracle.

#### Where to find your Person Number?

- Navigate to the INET.
- Click "Oracle" from the Top 10 List.
- Under "Me" select "Personal Information."
- · Select "Employment Info."
- Employee ID is now listed as your Person Number.