

MEET US ON MY HEALTH TOOLKIT

Whether you join us from your smartphone or on your computer, Capital Blue Cross looks forward to meeting you on My Health Toolkit.

Registration is easy.

All you need to get started with My Health Toolkit is the member ID located on your insurance card or subscribing member's Social Security number and your date of birth. If you share a health plan with family members ages 16 and over, they can register for individual accounts, too.

Enjoy the security and convenience of facial recognition.

We never forget a face. If you are accessing My Health Toolkit on your smartphone, make sure to enable facial recognition to make logging in safe, quick and easy.



Download the My Health Toolkit app from your app store or register at MyHealthToolkitCapital.com.



Access your digital ID card.

There's no need to dig through your wallet. We keep a digital copy of your ID card at the ready so you can access it whenever and wherever you need it. You can also order a replacement card if you misplace yours.

Manage your contact preferences.

Choose how you want to hear from us. Whether it's by text, mail or email, you can select how you want to receive important health information.

Learn more about your coverage.

We want to make sure you are up to speed on all the features of your plan. Meet us on My Health Toolkit to look up your medical coverage, deductible and out-of-pocket spending.

Shop for care.

Let us introduce you to our crew. Using the Find Care link, you can view a list of network doctors and medical facilities in your area. Make sure you check out features like patient reviews, provider quality information and a list of doctors who are accepting new patients.

Check the status of your claims.

All of your details are at your fingertips. You can view the status of a current or previous medical claim, the dates of services, the amount charged by your provider and the amount you may owe. You can even mark claims as paid or add notes for your personal record-keeping.

